

Professionals in

2018 Pelvic Health



Growing Your Practice in Partnership With Opinion Leaders in Pelvic Health

Elizabeth Hampton PT, DPT, WCS, BCB-PMD

Elizabeth Hampton PT, DPT, WCS, BCB-PMD has been in practice since 1987 and is a Board Certified Clinical Specialist in Women's Health Physical Therapy as well as Pelvic Muscle Dysfunction Biofeedback. She has served on the faculty of Herman and Wallace Pelvic Rehabilitation Institute since 2006, teaching internationally on the topic of musculoskeletal contributing factors to pelvic floor dysfunction, pelvic pain and elimination disorders. In addition to her clinical work and Pilates-based rehabilitation experience, she also is a trained childbirth educator and doula.

Her professional publications include: "Use of Transabdominal Ultrasound Imaging in Retraining the Pelvic Floor Muscles of a Woman Postpartum" (Ariail A, Sears T, Hampton E, PT Journal October 2008), The Journal of the Section on Women's Health "The Relationship Between Pelvic Floor and Abdominal Musculature: Clinical Recommendations for Rehabilitation based on Emerging Literature," (Hampton E, April 2003), The Gynecological Manual, APTA, Section on Women's Health, 2002, and contributing editor of "Clinical Applications of SEMG Biofeedback of the Pelvic Floor."

Elizabeth is CEO and Clinic Director of CorePhysio in Bellingham, Washington, which is comprised of an incredibly talented team of clinical as well as business professionals. CorePhysio is the largest pelvic health clinic North of Seattle, offering remote mentorship services and consultations for clinicians and clients alike. To learn more, please visit www.CorePhysioPT.com.

She is married to fellow PT Mike and they have two kids, Davis and Olivia, who they adore.



Spotlight On:

Elizabeth Hampton PT, DPT, WCS, BCB-PMD
CorePhysio Clinic Director

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CorePhysio Physical Therapy
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